

SEELAND SIZE GUIDE

MENS CLOTHING

JACKETS/SWEATERS

SEELAND SIZE (SCANDINAVIA/GERMANY)	S		M	L	XL	XXL	3XL	4XL	5XL			
	46	48	50	52	54	56	58	60	62	64	66	68
SPAIN/France	46	48	50	52	54	56	58	60	62	64	66	68
CANADA/US/UK	36	38	40	42	44	46	48	50	52	54	56	58

REGULAR TROUSERS

SEELAND SIZE (SCANDINAVIA/GERMANY)	46	48	50	52	54	56	58	60	62	64	66	68
	S			M	L	XL	XXL	3XL	4XL	5XL		
SPAIN/France	40	42	44	46	48	50	52	54	56	58	60	62
CANADA/US/UK	30"	32"	34"	36"	38"	40"	42"	44"	46"	48"	50"	52"

WOMENS CLOTHING

JACKETS AND TROUSERS

SEELAND SIZE	XS	S	M	L	XL	XXL		
SCANDINAVIA/GERMANY	34	36	38	40	42	44	46	48
SPAIN/France	36	38	40	42	44	46	48	50
UK	6	8	10	12	14	16	18	20
CANADA/US	2	4	6	8	10	12	14	16

SHIRTS

SEELAND SIZE	S	M	L	XL	XXL	4XL	5XL
SCANDINAVIA	39/40	41/42	43/44	45/46	47/48	49/50	
CANADA/US/UK	15 ½"	16"	16 ½"	17"	18"	18 ½"	

TROUSERS, EXTRA LENGTH

SEELAND SIZE (SCANDINAVIA/GERMANY)	150	152	154	156	158
CANADA/US/UK, LONG	34"L	36"L	38"L	40"L	42"L

TROUSERS, SHORT LENGTH/ LARGE WAIST

SEELAND SIZE (SCANDINAVIA)	96	100	104	108	112	116	120	124	128	132	136	140
GERMANY, SHORT	24	25	26	27	28	29	30	31	32	33	34	35
CANADA/US/UK, SHORT	36"S	38"S	40"S	42"S	44"S	46"S	48"S	50"S	52"S	54"S	56"S	58"S

SHIRTS

SEELAND SIZE	XS	S	M	L	XL	XXL
SCANDINAVIA	34	35/36	37	38/39	40	41/42
CANADA/US/UK	13 ½"	14"	14 ½"	15"	15 ½"	16"